MEN PAN AMERICAN RECORDS

Discipline	Perf	Wind	Competitor	DOB	Country	Venue	Date
100 Metres	9.58	+0.9	Usain Bolt	21 Aug 1986	JAM	Berlin (GER)	16 Aug 2009
200 Metres	19.19	-0.3	Usain Bolt	21 Aug 1986	JAM	Berlin (GER)	20 Aug 2009
400 Metres	43.18		Michael Johnson	13 Sep 1967	USA	Sevilla (ESP)	26 Aug 1999
800 Metres	1:41.20		Marco Arop	20 Sep 1998	CAN	Paris (FRA)	10 Aug 2024
1500 Metres	3:27.65		Cole Hocker	06 Jun 2001	USA	Paris (FRA)	06 Aug 2024
5000 Metres	12:44.09		Grant Fisher	22 Apr 1997	USA	Boston (USA)	14 Feb 2025
10000 Metres	26:33.84		Grant Fisher	22 Apr 1997	USA	San Juan Capistrano (USA)	06 Mar 2022
Marathon	2:04:43		Conner Mantz	08 Dec 1996	USA	Chicago (USA)	12 Oct 2025
3000 Metres Steeplechase	8:00.45		Evan Jager	08 Mar 1989	USA	Paris-Saint Denis (FRA)	04 Jul 2015
110 Metres Hurdles	12.75	+1.0	Ja'Kobe Tharp	30 Sep 2005	USA	Eugene (USA)	10 Jun 2026
400 Metres Hurdles	45.80		Alison Brendom Alves dos Santos	03 Jun 2000	BRA	Zürich (SUI)	27 Aug 2026
High Jump	2.45		Javier Sotomayor	13 Oct 1967	CUB	Salamanca (ESP)	27 Jul 1993
Pole Vault	6.07		KC Lightfoot	11 Nov 1999	USA	Nashville (USA)	02 Jun 2023
Long Jump	8.95	+0.3	Mike Powell	10 Nov 1963	USA	Tokyo (JPN)	30 Aug 1991
Triple Jump	18.21	+0.2	Christian Taylor	18 Jun 1990	USA	Beijing (CHN)	27 Aug 2015
Shot Put	23.56		Ryan Crouser	18 Dec 1992	USA	Los Angeles (USA)	27 May 2023
Discus Throw	72.45		Sam Mattis	19 Mar 1994	USA	Ramona (USA)	09 Apr 2026
Hammer Throw	84.70		Ethan Katzberg	05 Apr 2002	CAN	Tokyo (JPN)	16 Sep 2025
Javelin Throw	93.07		Anderson Peters	21 Oct 1997	GRN	Doha (QAT)	13 May 2022
Decathlon	9045		Ashton Eaton	21 Jan 1988	USA	Beijing (CHN)	29 Aug 2015
Half Marathon Race Walk	1:21:44		Caio Bonfim	19 Mar 1991	BRA	Kobe (JPN)	15 Feb 2026
Marathon Race Walk	3:05:57		David Hurtado	21 Apr 1999	ECU	Brasilia (BRA)	12 Apr 2026
4x100 Metres Relay	36.84		Jamaica		JAM	London (GBR)	11 Aug 2012
			Nesta Carter	11 Oct 1985			
			Michael Frater	06 Oct 1982			
			Yohan Blake	26 Dec 1989			
			Usain Bolt	21 Aug 1986			
4x400 Metres Relay	2:54.29		United States		USA	Stuttgart (GER)	22 Aug 1993
			Andrew Valmon	01 Jan 1965			
			Quincy Watts	19 Jun 1970			
			Butch Reynolds	08 Jan 1964			
			Michael Johnson	13 Sep 1967			